CLAIMS:

- 1. A recombinant nucleic acid which comprises DNA encoding an antigenic peptidic sequence which binds to a Class II $\it MHC$ molecule and DNA encoding the extracellular portion of the β chain of said Class II $\it MHC$ molecule.
- 2. A recombinant nucleic acid according to claim 1 which further comprises DNA encoding the extracellular portion of the α chain of said Class II MHC molecule.
- 3. A recombinant nucleic acid according to claim 1, wherein said Class II \emph{MHC} β chain lacks a complete transmembrane region.
- 4. A recombinant nucleic acid according to claim 2, wherein said Class II MHC β chain and said Class II MHC α chain lack complete transmembrane regions.
- 5. A recombinant nucleic acid according to claim 1, wherein said peptidic sequence which specifically binds to a Class II MHC molecule is an autoantigen.
- 6. A recombinant nucleic acid according to claim 5, wherein said autoantigen is a multiple sclerosis autoantigen.
- 7. A recombinant nucleic acid according to claim 5, wherein said autoantigen is an experimental autoimmune encephalomyelitis autoantigen.

- 8. A recombinant nucleic acid according to claim 5, wherein said autoantigen is a diabetic autoantigen.
- 9. A recombinant nucleic acid of claim 8, wherein said diabetic autoantigen is a fragment of glutamic acid decarboxylase.
- 10. A recombinant nucleic acid of claim 9, wherein said fragment of glutamic acid decarboxylase comprises a sequence selected from SEQ ID NOS: 1-13 or immunologically equivalent variants or fragments thereof.
- 11. A recombinant nucleic acid of claim 1, wherein said DNA encoding a peptidic sequence which specifically binds to said Class II MHC molecule encodes SEQ ID NO: 1.
- 12. A recombinant nucleic acid of claim 1, wherein said DNA encoding a peptidic sequence which specifically binds to said Class II MHC molecule encodes SEQ ID NO: 2.
- 13. A recombinant nucleic acid of claim 1 which further comprises DNA encoding a biotinylation site.
- 14. A recombinant nucleic acid of claim 1 which further comprises DNA encoding an oligohistidine sequence.
- 15. A recombinant nucleic acid of claim 2 which further comprises DNA encoding a biotinylation site.
- 16. A recombinant nucleic acid of claim 2 which further comprises DNA encoding an oligohistidine sequence.

- 17. A recombinant protein which is encoded by the recombinant nucleic acid of claim 1.
- 18. A recombinant protein which is encoded by the recombinant nucleic acid of claim 2.
- 19. A recombinant protein which is encoded by the recombinant nucleic acid of claim 9.
- 20. A recombinant protein which is encoded by the recombinant nucleic acid of claim 10.
- 21. A recombinant protein which is encoded by the recombinant nucleic acid of claim 11.
- 22. A recombinant protein which is encoded by the recombinant nucleic acid of claim 12.
- 23. A recombinant protein which comprises a preselected peptidic antigen which binds to a Class II MHC molecule, the extracellular portion of a β chain of said Class II MHC molecule, and the extracellular portion of an α chain of said Class II MHC molecule.
- 24. A recombinant protein according to claim 23 which further comprises a biotinylation site.
- 25. A recombinant protein according to claim 23 which further comprises an oligohistidine sequence.
- 26. A recombinant protein according to claim 23 wherein said peptidic sequence is an autoantigen.

- 27. A stable molecular complex which comprises a recombinant protein according to claim 17.
- 28. A stable molecular complex which comprises a recombinant protein according to claim 18.
- 29. A stable molecular complex which comprises a recombinant protein according to claim 23.
- 30. A stable molecular complex which comprises a recombinant protein according to claim 24.
- 31. A stable molecular complex which comprises a recombinant protein according to claim 25.
- 32. A stable molecular complex according to claim 30 which further comprises a biotin covalently linked to said recombinant protein.
- 33. A stable molecular complex according to claim 30 which further comprises an effector-avidin bound to said biotin.
- 34. A stable molecular complex according to claim 33, wherein said effector is selected from a label and a toxin.
- 35. A stable molecular complex according to claim 23, wherein said peptidic antigen is a diabetic autoantigen.
- 36. A method of detecting T cells which recognize a preselected peptidic antigen in a population of T cells which comprises:

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- (a) providing a stable molecular complex according to claim 28, wherein said peptidic sequence is said preselected peptidic antigen and wherein said stable molecular complex is labeled;
- (b) incubating said stable molecular complex with said population of T cells under conditions such that said stable molecular complex binds to T cells in said population of T cells which recognize said preselected peptidic antigen;
 - (c) optionally removing unbound complexes; and
 - (d) detecting said labeled complexes on said T cells which recognize said preselected peptidic antigen.
- 37. A method of detecting T cells which recognize a preselected peptidic antigen in a population of T cells according to claim 36 which further comprises, between steps (a) and (b), stimulating said population of T cells by contacting said T cells with said preselected peptide antigen or allogeneic antigen presenting cells which present said preselected peptidic antigen.
- 38. A method of diagnosing a diabetic or pre-diabetic condition in a mammal which comprises:
- (a) obtaining a sample which contains a population of T cells from said mammal;
- (b) providing a stable molecular complex according to claim 28, wherein said antigenic peptidic sequence is a diabetic autoantigen;
- (c) incubating said stable molecular complex with said sample under conditions such that said stable molecular complex binds to T cells in said sample which recognize said diabetic autoantigen;
 - (d) optionally removing unbound complexes; and

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- (e) determining whether said stable molecular complex has bound to any T cells in said sample.
- 39. A method of diagnosing a diabetic or pre-diabetic condition in a mammal according to claim 38 which further comprises between steps (a) and (b), stimulating said sample of T cells by contacting said T cells with said preselected peptide antigen or allogeneic antigen presenting cells which present said preselected peptidic antigen.
- 40. A method according to claim 36, wherein said conditions of incubation include addition of anti T cell receptor antibody.
- 41. A method according to claim 37, wherein said conditions of incubator include addition of anti T cell receptor antibody.
- 42. A method according to claim 38, wherein said anti T cell receptor antibody is present at a concentration of about 0.1 μ g per 10⁶ cells to about 10 μ g per 10⁶ cells.
- 43. A method according to claim 39, wherein said anti T cell receptor antibody is present at a concentration of about 0.1 μ g per 10⁶ cells to about 10 μ g per 10⁶ cells.
- 44. A method of inducing tolerance to a preselected peptidic antigen in a population of T cells which comprises:
- (a) providing a stable molecular complex according to claim 28; and
- (b) contacting said stable molecular complex with said T cells.

- 45. A method of inducing or expanding protective clones of T cells which recognize a preselected antigen in a population of T cells which comprises:
- (a) providing a stable molecular complex according to claim 28; and
- (b) contacting said stable molecular complex with said T cells.
- 46. A method of killing T cells which recognize a preselected peptidic antigen in a population of T cells which comprises:
- (a) providing a stable molecular complex according to claim 34 wherein said effector is a toxin; and
- (b) contacting said stable molecular complex with said T cells.
- 47. A method of vaccinating a patient against a preselected peptidic antigen which comprises:
- (a) providing a stable molecular complex according to claim 23; and
- (b) administering said stable molecular complex to said patient wherein specific T cell clones recognizing said preselected peptidic antigen are expanded.
- 48. A method of inhibiting the onset of diabetes in a mammal in need thereof, which comprises:
- (a) providing a stable molecular complex according to claim 28, wherein said antigenic peptide sequence is a diabetic autoantigen;
- (b) contacting said stable molecular complex with a population of T cells allogeneic to said mammal under conditions such that said stable molecular complex binds to

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T cells in said population that recognize said diabetic autoantigen;

- (c) separating from said T cell population T cells that bind to said stable molecular complex; and
- (d) administering said separated T cells to said mammal.